Sexual Assault Bystander Intervention Playbook

Are you not sure how to effectively step in if witnessing a potential sexual assault? Read the situation and make a difference.

**The Option**

Evaluate the people in the situation and choose your best move. You can directly intervene or recruit friends to help you. If your first plan fails, try a different approach.

**Defensive Split**

Move in and separate the parties from each other. Tell them your reason for intervening. Be a friend and let them know you are acting in their best interest. Make sure they both get home safely.

**Pick and Roll**

Use a distraction to redirect the focus elsewhere: Use phrases such as, “Hey, I need to talk to you,” or “Let’s go somewhere else.”

**Full Court Press**

If needs be, get friends from both parties to intervene and help the people in the situation.

*To report incidents, contact (808) 675-4819 or titleIX@byuh.edu. For emergencies, call the police or campus Security (808) 675-3911*

*Information from www.stopabuse.vt.edu. Infographic by Lauren Steinmle*